



## Neighbors Helping Neighbors

### OUR MISSION



To ensure Goshen residents, particularly older adults and neighbors facing hardship, have access to meaningful social connections, trusted support, and coordinated services that help them remain independent, engaged, and rooted in community across all stages of life.

### ENGAGING PROGRAMS



- Weekly socials providing coffee, games, and connection
- Monthly luncheons, providing balanced meals, an informative guest speaker, games, and socialization
- Inclusive fitness classes to help improve physical health and well-being

SCAN TO  
SUPPORT  
OUR WORK



### OUR GUIDING PRINCIPLES



### SUPPORTIVE SERVICES



- Medical loan closet
- Grief support groups
- Meal trains for those facing difficulties
- Check-ins for home-bound residents
- Transportation to/from programs and local medical appointments
- Connecting residents to trusted resources as needed



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[goshencommunitycare.org](http://goshencommunitycare.org)



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